

Friday, October 20th
2017

WOMEN IN DENTISTRY

A Stress-Free Practice in 4 Easy Steps: Putting an End to Emotional Drain and Stress in Dental Practices



BRETT M. JUDD MSW

Brett M. Judd MSW is the Founder of the Profitable Practice Blueprint, and the High Production Teams Mentoring Programs. His personal mission is to end the burnout-causing stress of private practice and build sustainable, rewarding practices and healthy lives of 100,000 professionals. Successful, profitable dentists seek him out to leverage his knowledge of human behavior and relationships in order to maximize their strong sustainable practices and build self-directed, motivated teams.

As a licensed therapist and social worker with over 20 years of experience leading change and helping clients overcome emotional and mental barriers, Brett is an expert in relationships, personal motivation, group dynamics, and how to generate maximum production through strong culture and core values that actually deliver value to patient and staff.

He is the author of multiple books including Relationship Focused Business Success, Unlock Your Millionaire Mind, and the soon to be released Say YES! Leadership. Along with his wife Gina, he is co-founder of Fortunes and Families and Marriages Worth Millions. His weekly podcast, "PEP Talks," tackles the issues of practice leadership, emotional wellness, and building a Profitable Ethical Practice. If you are seeking a knowledgeable and personable guide to claim the healthy, wealthy, and happy life you have been longing for, then look no further than Brett M. Judd MSW - Your Practice Therapist.

ABOUT THE COURSE

Dentists suffer psycho-neurotic disorders 2.5x more than the general population. Emotional and mental stress lead to an increase in heart disease, and high blood pressure, or risk making serious mistakes during a procedure that could end a career.

But it doesn't have to be this way. In this session, you will gain tools to overcome the strain and overwhelm that stress places on us. You will understand the causes of your stress, how to challenge those causes, and learn a simple yet powerful 4 - step process for addressing and attacking the stress before it attacks you.

In this session, participants will:

1. Identify the main causes of distress caused by the practice
2. Create a clear and repeatable system for addressing the causes of the stress
3. Master the "4W's" for remaining emotionally centered and action oriented
4. Regain the mental sharpness and clarity required for leading a Profitable Practice

LOCATION

Liberty Station Orthodontics
2445 Truxtun Road, Suite #104
San Diego, California 92106

TIME

Friday, October 20, 2017
Registration Opens: 8:00 AM
Program: 8:30 AM – 12:00 PM

REGISTRATION

Cost: \$90.00 USD/person

Includes: Bagels & Coffee

*** Register today, as seating is limited!**

Visit our website to complete your online registration or print and fax a registration form to the fax number listed below.

Web: www.careerdesigndentistry.org

Tel: (858) 272-1018

Fax: (858) 272-7687



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